A.B.U. LIBRARY COMPLEX BULLETIN

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BRIEF ON AHMADU BELLO UNIVERSITY LIBRARY COMPLEX



Ahmadu Bello University was established in 1962. The university was taken over by the Federal Government of Nigeria in 1975 and made it a federal university. What is now known as Kashim Ibrahim Library dates back to 1955 when the Nigerian College of Arts, Science and Technology, the fore-runner of this University was established. The main library of the university is the Kashim Ibrahim Library. It has a capacity for over 500,000 volumes of books and a reading space for 2,000 patrons. The University Library Complex of Ahmadu Bello University comprises the Kashim Ibrahim Library (the main Library) and eleven other satellite libraries located in different campuses of the University. In addition to all these, all departmental libraries are part of the Complex. The Samaru Public Library is also a part of Ahmabu Bello University Library Complex. It was opened in 1963 and is administered by the university's department of Library and Information Science and has over 30,000 volumes of resources (print).

The Library has a total holding of over 1.2 million volumes of books and 66,000 periodical titles. The University library has always been at the centre of research and scholarship playing a major role in acquiring, processing and lending library resources to its customers and responding to patrons' inquires. Today, online database and internet searches in the library are a common feature among staff and students of the University. The library management for the past few years has been striving to upgrade the IT skills of the staff to enable them cope with challenges of the information age. Our gratitude goes to donors like MacArthur Foundation and the Carnegie Corporation. Rapid progress has been made not only in updating the collection, but also in automating the resources and services of the Library Complex. Today, online and CD-ROM searches are a common feature among staff and students of the University as they use the library.

CELEBRATING 50*YEARS* OF ACADEMIC EXCELLENCE



Ahmadu Bello University (ABU) Zaria was formally opened for academic activities on the 4th October, 1962. On Thursday, 4th October, 2012 the University marked its 50th anniversary. With dedication, diligence, hard work and resilience ABU has kept faith with the dreams, vision and mission of its founding Fathers.

The celebration of Ahmadu Bello University at 50 is an occasion not only for celebration, but also for stocktaking. It calls for an assessment of the University's strengths and weaknesses with a view to consolidating the strength and marshaling and transforming the weaknesses into core competences and opportunities.

Ahmadu Bello University is the most cosmopolitan tertiary institution in Nigeria both in terms of staff and student profiles. As a result, it has carved a niche for itself as the country's symbol of national unity and integration. Ahmadu Bello University will remain passionately committed to fairness, equity and transparency. The cardinal principle upon which our University is founded is to impart knowledge and learning to all men and women of all races without any distinction on the grounds of race, religious or political beliefs. We are committed to attracting talented students from across the globe, regardless of background or circumstance.

We thank all those who have contributed to making our collective vision a reality. This 50th anniversary is also an occasion to encourage staff to rededicate themselves towards the realization of vision 1:10:100 of the University. We look forward to working with a more dedicated workforce in the future to create a legacy for generations to come.



COMMITTED TO ACADEMIC EXCELLENCE



The mission of the Ahmadu Bello University Library Complex is to ensure that adequate information resources are made available, easily accessible and useful to all library patrons and guarantee efficient library services delivery that promotes creativity and preservation of knowledge. Due to our commitment to promoting academic excellence in Ahmadu Bello University, Zaria, we have made an unwavering resolve to comply with universally acceptable standard in the practice of Librarianship.

ETHICS OF LIBRARIANSHIP

Ethics in the information professions is concerned with the application of moral standards in the conduct of librarians and other individuals involved in information dissemination.

Efficient customer services delivery is the utmost aim in all staff interactions with the general public in Ahmadu Bello University Library Complex. The library staff provides friendly, efficient and accurate services to all patrons at all times. It is important to keep in mind that the patron is the customer to whom the staff is ultimately responsible. Efficient service delivery is thus interpreted in the light of the principles outlined below:

- The library does not discriminate irrespective of age, race, sex, nationality, educational background, physical limitations or any other criteria. The Library offers the same quality of service to all
- It is paramount to know that library patrons are treated politely, promptly, and with utmost attention.
- Patrons are accorded due preference. Judgment calls are usually made in the patron's favor.
- All library patrons are to be trusted and dignified unless the individual's history shows that he/she is not trustworthy.
- Under no circumstance should a library staff say "I don't know" as an answer to a patron's query. Patrons should never leave the library without satisfying their quest.
- Staff members are familiar with library structure and services and are able to articulate and explain them to customers.

It is imperative that every staff/patron interaction be a positive one. Each staff member, while at work, is a representative of the library. The

impression made on the patron profoundly affects the library's image.

LIBRARY E-RESOURCES AND DATABASES

The management of the University Library wishes to inform the university community that adequate e-resources and databases have been subscribed to in order to promote qualitative teaching, learning and research. We strongly recommend the utilization of these resources to advance academic excellence in Ahmadu Bello University, Zaria:

√ **SCIENCEDIRECT**:
ScienceDirect is the world's leading source for scientific, technical, and medical full text research. Explore more than 2500 peer-reviewed journals and more than 11,000 books. There are currently more than 11 million journal articles and book chapters.

√ **AGORA**: AGORA provides access to outstanding digital library collection in the fields of Food, Agriculture, Environmental Science and related Social Sciences. AGORA provides a collection of more than 3000 journals to enhance the scholarly research in agriculture and life sciences.

√ **JSTOR**: JSTOR (Scholarly Journal Archive) is an online archive of core scholarly journals in a wide variety of disciplines. It is licensed mainly to libraries, universities, and publishers. It provides full text articles in back issues of journals from the earliest issues to within a few years of current publication. Users may browse by journal title or discipline, or may search the full-text or citations/abstracts.

√ **OARE**: OARE (Online Access to Research in the Environment) is a public-private consortium designed to improve access to scientific research in developing countries by providing high quality, timely, relevant, environmental and related sciences journals and other scientific content

√ **EBSCOHOST**: Ebscohost is a leading database and eBook provider for libraries and other institutions — more than 375 full-text and secondary research databases and more than 300,000 eBooks and audiobooks available via the EBSCO*host* platform — EBSCO provides unparalleled access to world-renowned content in all subject areas including magazine and journal articles.

√ **HINARI**: HINARI is the Health InterNetwork Access to Research Initiative. It was set up by the World Health Organization and major publishers to enable developing countries to access collections of biomedical and health literature.

There are over 7000 journal titles available to health institutions in 109 countries.

√ **ETDE'S ENERGY DATABASE**: *ETDE's Energy Database* is the largest collection of energy research and technology literature in the world. With a growing total of over 4.5 million abstracted and indexed records in the full collection, users have access to a wealth of information. The subject areas covered in the database are quite extensive. Some of the main areas include information on energy R&D; energy policy and planning; basic sciences (e.g., physics, chemistry and biomedical) and materials research; the environmental impact of energy production and use, including climate change; energy conservation; nuclear (e.g., reactors, isotopes, waste management); coal and fossil fuels; renewable energy technologies (e.g., solar, wind, biomass, geothermal, hydro) and much more.

√ **LanTEEAL**: LanTEEAL 2.0 is the newest version of The Essential Electronic Agricultural. Library (TEEAL). TEEAL is a full-text and bibliographic database of 136 of the world's most important scientific journals in the field of agriculture, compiled by 600 international specialists in the field.

√ **eGranary Digital Library**: eGranary is also known as "the Internet in a box" provides millions of digital educational resources to institutions lacking adequate internet access. Its collection covers all disciplines.

√ **ACM Digital Library**: The ACM Digital Library is published by the Association for Computing Machinery. It is the world's largest educational and scientific computing society, delivers resources that advance computing as a science and a profession. ACM provides the computing field's premier Digital Library and serves its members and the computing profession with leading-edge publications, conferences, and career resources.

√ **EconLit with Full Text**: *EconLit*, the American Economic Association's electronic database, is the world's foremost source of references to economic literature. *EconLit* adheres to the high quality standards long recognized by subscribers to the *Journal of Economic Literature* (JEL) and is a reliable source of citations and abstracts to economic research. It provides links to full-text articles in all fields of economics, including capital markets, country studies, econometrics, economic forecasting, environmental economics, government regulations, labor economics, monetary theory, urban economics and much more.

√ **Web of Science**: Web of Science is an online academic citation index provided by Thomson Reuters. It is designed for providing access to multiple databases, cross-disciplinary research, and in-depth exploration of specialized subfields within an academic or scientific discipline. The multidisciplinary coverage encompasses 11,261 journals selected on the basis of impact evaluations.

NOTE

These e-resources and Databases and much more have been subscribed for you to access at your convenience. Please visit Kashim Ibrahim Library for USERNAME and PASSWORD.

GOODWILL MESSAGE FROM KIL

Secret of Passing Examinations

It has been observed that the lackadaisical attitude exhibited by most students is the major impediment that is affecting their coming out successful in their examinations. This article therefore tends to enumerate the reasons for failing examinations and suggests tips that will assist students in passing examinations if well followed.

*Reasons Why students Fail Examination

There are discernible reasons why many students fail examination; some of these reasons are highlighted as follows:

a. Inadequate Preparation: Many students do not make early preparation towards their examination until some few days to the exam or when the time table for such examination is out.
b. Faulty Study Habits: It has been observed also that many students are still adopting old or obsolete methods of study such as:
(i) Cramming: Cramming does not work.
(ii) Passive Learning: Another way in which the adequacy of a student's preparation is undermined is the way in which the student engages in passive study.
c. Unwarranted Examination Anxiety: A little anxiety is a good thing as it keeps one motivated and alert. Too much, however, may result in dysfunction.
d. Lack of Request Approach to Answering Question: The ignorance of students on the appropriate approach to be adopted in answering the examination question accordingly is another major problem that militates against success in examinations.

The Way Out
The following tips will assist student in passing any kind of Examination:
a. Adequate Preparation:
Examination is not the test of things read when the examination time table comes out but accumulation of what is being learnt with time. In a nutshell, preparation for examination should be every time not a specific time. Students should try to increase their knowledge database i.e. at least gain one new thing

per day. Some other tips that will help personnel to adequately prepare well for examination are:

i. Sleep well - Do not work all night, you need at least six (6) hours of sleep in order to start afresh.

ii. Eat well - Eating proper meal at regular times is very important. Eating properly would ensure you have enough energy to face your daily studies.

iii. Talk To Someone - If examination preparation or the thinking of the examinations are really making any student ill, worried or depressed, he/she should not hide his/her feelings. He/she should talk to someone about it. As a problem shared is a problem half solved.

iv. Take Breaks - The concentration span of a human being is forty five (45) minutes at a time. When your mind is saturated with information, whether you put in one hour or ten, it does not make a difference, nothing will go in again except you take a break.

v. Know your Peak - Choose a time of the day when you feel most comfortable for studying (morning, late at night or in the afternoon).

vi. Plan your Day - Try to establish a routine that allows time for meals, sleep, revision and relaxation.

vii. Exercise - You need to exercise your body so as to have perfect physical and mental alertness, which will help in passing examination.

viii. Stop thinking and worrying about the examination or what will happen; always be optimistic and your spirit will flow in the direction of success.

b. Adopt Good study habits - Cramming should not be adopted as a means of passing examination. Endeavour to read wide enough to cover all that is required for passing the examination in question.

c. Adopt the Right Approach - Know what the examiner or the examination requires.

d. Calming Down in the Examination Hall -

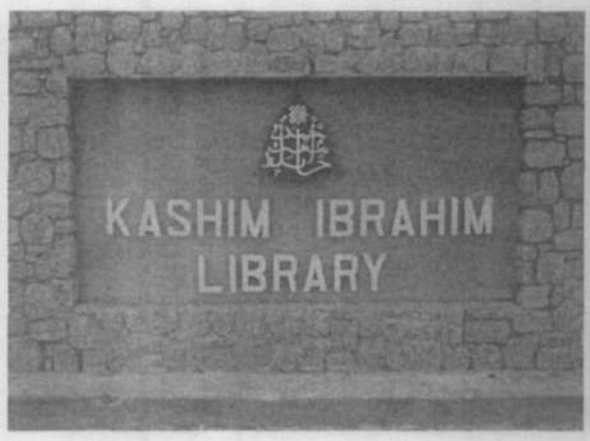
Anxiety should be reduced to the barest minimum so as not to affect concentration and coordination. This will be achieved by being calm and optimistic about the examination.

UNDERSTANDING THE HUMAN BRAIN

The human brain is the most complex organ of the human body and is responsible for many traits such as personality, emotions, language, thoughts and the ability to maintain memories. A fascination with understanding the complexity of the brain has provided us with many facts. Achieving meaningful success in education, both academically and personally, requires a holistic approach. All mental and emotional strategies we may employ are deeply affected by our core foundation: the physical body. The brain is an essential and highly sensitive organ within the body, and is strongly influenced (both positively and negatively) by our physical condition. The secret to superior mental and emotional performance is to tap into the power and energy of the body. We do this by means of nutrition, hydration, exercise, sleep and true relaxation.

Superior brainpower requires high quality fuel. The brain is fueled by oxygenation, hydration and proper nutrition, namely carbohydrates. Interestingly, one of the largest contributors to poor mental performance is a diet low in complex carbohydrates. Carbohydrates are transformed into glycogen within the body, fueling the muscles and the brain. The brain uses 50% of the body's available glycogen and even more when under stress (like during exams). Despite protein's reputation as "brain food", complex carbohydrates are a far superior fuel. Aim for a mix of 2/3 complex carbohydrates and 1/3 protein in your meals and snacks.

Amidst everything else that goes on during your time in Ahmadu Bello University, it's sometimes easy to lose sight of the end goal: GRADUATION. The University Library system is fully equipped with adequate information resources in various formats. Our Librarians are adequately qualified to offer efficient library services. It is our utmost desire that our esteemed library patrons excel in their endeavors.



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